Answers to Pre- and Post-test

Multiple Choice:

1. What percent of people surveyed, on average, think that different stereotypes were applied to different races?
2. 75%
3. 80%
4. 92%
5. 97%
6. What was the most prevalent association people made with African Americans and the media?
7. Comedy
8. Crime
9. Murder
10. Business
11. In contrast with African American stereotypes, what was the stereotype that people most associated with Caucasian people in America?
12. Lazy
13. Wealthy
14. Superior
15. Preppy
16. When surveyed, what was the response that people gave the most when ask what stereotype they associated with the African American population in general?
17. Loud
18. Drug dealers/users
19. Successful
20. Thugs
21. The African American Civil Rights Movement took place in:
22. 1945-1955
23. 1955-1968
24. 1950-1975
25. 1965-1975
26. Who were the Arkansas 9?
27. Nine white civil rights activists murdered by the KKK for supporting African American Civil Rights
28. Nine African American boys burned alive at a lynching in Alabama
29. Nine African American teenagers bussed to an all white school in Arkansas during the desegregation movement
30. The nine city officials in Arkansas credited with raising national awareness of the suffering of African Americans in the south

Completion

1. Name 5 acts of severe prejudice and persecution suffered by African American people:

Slavery, isolation, sterilization, medical experimentation, incarceration, brutality, murder

1. Who is Bull Connor and what is he notorious for during the Civil Rights Movement?

Bull Conner was Birmingham’s Commissioner of Public Safety in 1962. Connor’s extreme use of police dogs and fire hoses on civil rights demonstrators called national attention to the Civil Rights Movement. Birmingham was an international symbol of segregation and racism.

True or False

1. People associate Bi-Racial people more with African Americans rather than Caucasian people or in a race all their own. T or F

TRUE

1. Men do not value the time they spend in church. T or F

FALSE- The church allows men, who often feel dominated in their work environment and other areas of their lives, discover the time spent in church to be a positive outlet. Many men will take on leadership positions within the church such as deacon or trustee

1. African Americans raise their children differently based on their gender. T or F

TRUE- Girls are raised to be independent, strong, proud, caring and self-sufficient whereas boys do not have a sense of independence stressed in their upbringing.

1. To the African American, the past represents an important component because it shapes and affects present day life events and experiences. T or F

TRUE

1. A delicacy enjoyed by some African Americans is “chitlins” or chitterlings. T or F

TRUE- They are made from pig intestines and stomach.

1. African Americans are an individualistic culture. T or F

FALSE- They are a very collective culture and it is no uncommon to see all generations caring for one another and pooling their resources to care for the young and elderly.

1. African Americans have suffered prejudice and persecution in the United States only.

 T or F

FALSE

1. Impact of historical events (slavery and civil rights) has very little bearing on the current cross cultural counseling process. T or F

FALSE- History and feelings of oppression re very relevant to the counseling process.

1. African Americans tend to seek counseling through non-direct paths such as referrals from churches and doctors. T or F

TRUE- Low percentages of African Americans directly seek counseling.

1. Confidentiality is very important within the African American community, especially if the client is involved in the legal system. T or F

TRUE- There is a fear that anything they say could make it back to the court system and be used against them.

1. African Americans will use the emergency room of the local hospital (among other resources) for mental health assistance. T or F

TRUE

1. It is a good idea for the counselor to discuss ethical differences between the client and themselves at the onset of therapy. T or F

FALSE- Some clients will welcome an initial honest dialog, but in general African American clients will prefer to build a level of trust prior to discussions on ethnicity, even then it is better brought up by the client and not the counselor.